

TEN-FOLD PROHIBITORY PRECEPTS

clear-mind precepts

NO KILLING LIFE
cultivating and encouraging life

NO STEALING
honoring the gift not yet given

NO ATTACHMENT TO FULFILLMENT
remaining faithful in relationships

NO ILLUSORY WORDS
communicating truth

NO SELLING THE WINE OF DELUSION
polishing clarity, dispelling delusion

NO DWELLING ON PAST MISTAKES
creating wisdom from ignorance

NO PRAISING YOURSELF OR BLAMING OTHERS
maintaining modesty, extolling others

NO HOARDING TEACHINGS OR MATERIALS
sharing understanding, freely giving of self

NO BEING ANGRY
dwelling in equanimity

NO ABUSING THE THREE TREASURES
respecting the Buddha

unfolding the Dharma
nourishing the Sangha