

TEN-FOLD PROHIBITORY PRECEPTS

clear-mind precepts

cultivating and encouraging life
NO KILLING LIFE

honoring the gift not yet given
NO STEALING

remaining faithful in relationships
NO ATTACHMENT TO FULFILMENT

communicating truth
NO TELLING THE WINE OF DELUSION

polishing clarity, dispelling delusion
NO SELLING YOURSELF OR BLAMING OTHERS

creating wisdom from ignorance
NO DWELLING ON PAST MISTAKES

maintaining modesty, extolling others
NO PRAISING YOURSELF OR BLAMING OTHERS

sharing understanding, freely giving of self
NO HOARDING TEACHINGS OR MATERIALS

dwelling in equanimity
NO BEING ANGRY

respecting the Buddha
NO ABUSING THE THREE TREASURES

unfolding the Dharma
NO BEING ANGRY

nourishing the Sangha
NO BEING ANGRY