TEN-FOLD
PROHIBITORY PRECEPTS

clear-mind precepts

NO KILLING LIFE
- cultivating and encouraging life
- honoring the gift not yet given

NO ATTACHMENT TO FULFILLMENT
- remaining faithful in relationships
- communicating truth
- polishing clarity, dispelling delusion

NO STEALING
- creating wisdom from ignorance
- maintaining modesty, extolling others
- sharing understanding, freely giving of self

NO DWELLING ON PAST MISTAKES
- dwelling in equanimity

NO ILLUSORY WORDS
- respecting the Buddha
- unfolding the Dharma
- nourishing the Sangha

NO HOARDING TEACHINGS OR MATERIALS
- no praising yourself or blaming others

NO SELLING THE WINE OF DELUSION
- no being angry

NO ABUSING THE THREE TREASURES